

LISTE DES ALLERGÈNES

Automne 2026

FRANCAIS

| <u>SALES</u>                  | Oeuf | Lait | Gluten | Poisson | Moutarde | Arachide | Crustacés | Molusques | Lupin | Céleri | Sésame | Soja | Fruit à coques | Sulfites et SO2 |
|-------------------------------|------|------|--------|---------|----------|----------|-----------|-----------|-------|--------|--------|------|----------------|-----------------|
| Reissumies Saumon fumé        |      | x    | x      | x       |          |          |           |           |       |        |        |      |                |                 |
| Reissumies Haddock fumé       |      | x    | x      | x       |          |          |           |           |       |        |        |      |                |                 |
| Reissumies Crème de betterave |      |      | x      |         |          |          |           |           |       |        |        |      |                |                 |
| Tarte Carélienne              | x    | x    | x      |         |          |          |           |           |       |        |        |      |                |                 |
| Uuniperuna Saumon fumé        |      | x    | x      | x       | x        |          |           |           |       |        |        |      |                |                 |
| Uuniperuna Champignons        |      | x    | x      |         |          |          |           |           |       |        |        |      |                |                 |
| Tarte de champignons          |      | x    | x      |         |          |          |           |           |       |        |        |      |                |                 |
| Lohikeitto                    |      | x    |        | x       |          |          |           |           |       |        |        |      |                |                 |

| <u>SUCRÉS</u>                                       | Oeuf | Lait | Gluten | Poisson | Moutarde | Arachide | Crustacés | Molusques | Lupin | Céleri | Sésame | Soja | Fruit à coques | Sulfites et SO2 |
|-----------------------------------------------------|------|------|--------|---------|----------|----------|-----------|-----------|-------|--------|--------|------|----------------|-----------------|
| Brioche à la cannelle                               | x    | x    | x      |         |          |          |           |           |       |        |        |      |                |                 |
| Brioche à la cardamome                              | x    | x    | x      |         |          |          |           |           |       |        |        |      |                |                 |
| Brioche à la chocolat & confiture d'airelles maison | x    | x    | x      |         |          |          |           |           |       |        |        |      | x              |                 |
| Muffin à la myrtille                                | x    | x    | x      |         |          |          |           |           |       |        |        |      |                |                 |
| Sablé aux airelles                                  | x    |      | x      |         |          |          |           |           |       |        |        |      | x              |                 |
| Banana bread                                        | x    | x    |        |         |          | x        |           |           |       |        |        |      | x              |                 |
| Gâteau au chocolat                                  | x    | x    |        |         |          |          |           |           |       |        |        |      |                |                 |
| Yaourt                                              |      | x    |        |         |          |          |           |           |       |        |        |      |                |                 |
| <i>Tuorepuuro</i>                                   |      |      |        |         |          |          |           |           |       |        |        |      |                |                 |
| Compotée de pomme, poire, speculoos                 |      |      | x      |         |          |          |           |           |       |        |        |      | x              |                 |
| Un goût de Sápmi                                    |      | x    |        |         |          |          |           |           |       |        |        |      |                |                 |

Nous vous informons que cette liste concerne uniquement les 14 allergènes introduits volontairement dans nos préparations. Aussi, nous ne pouvons vous garantir l'absence de traces d'allergènes ou l'absence de contaminations croisées involontaires.

LIST OF ALLERGENS

Autumn 2026

ENGLISH

| <u>SAVOURY</u>                  | Eggs | Milk | Gluten | Fish | Mustard | Peanuts | Crustacean | Molluscs | Lupin | Celery | Sesame | Soya | Nuts | Sulphites et SO2 |
|---------------------------------|------|------|--------|------|---------|---------|------------|----------|-------|--------|--------|------|------|------------------|
| Reissumies Smoked salmon        |      | x    | x      | x    |         |         |            |          |       |        |        |      |      |                  |
| Reissumies Smoked haddock       |      | x    | x      | x    |         |         |            |          |       |        |        |      |      |                  |
| Reissumies Beetroot spread      |      |      | x      |      |         |         |            |          |       |        |        |      |      |                  |
| Karelian pie                    | x    | x    | x      |      |         |         |            |          |       |        |        |      |      |                  |
| <i>Uuniperuna</i> Smoked salmon |      | x    | x      | x    | x       |         |            |          |       |        |        |      |      |                  |
| <i>Uuniperuna</i> Mushroom      |      | x    | x      |      |         |         |            |          |       |        |        |      |      |                  |
| Mushroom pie                    |      | x    | x      |      |         |         |            |          |       |        |        |      |      |                  |
| Lohikeitto soup                 |      | x    |        | x    |         |         |            |          |       |        |        |      |      |                  |

| <u>SWEET</u>                   | Eggs | Milk | Gluten | Fish | Mustard | Peanuts | Crustacean | Molluscs | Lupin | Celery | Sesame | Soya | Nuts | Sulphites et SO2 |
|--------------------------------|------|------|--------|------|---------|---------|------------|----------|-------|--------|--------|------|------|------------------|
| Cinnamon bun                   | x    | x    | x      |      |         |         |            |          |       |        |        |      |      |                  |
| Cardamom bun                   | x    | x    | x      |      |         |         |            |          |       |        |        |      |      |                  |
| Chocolate and cranberry bun    | x    | x    | x      |      |         |         |            |          |       |        |        |      | x    |                  |
| Blueberry muffin               | x    | x    | x      |      |         |         |            |          |       |        |        |      |      |                  |
| Lingonberry pie                | x    |      | x      |      |         |         |            |          |       |        |        |      | x    |                  |
| Banana bread                   | x    | x    |        |      |         | x       |            |          |       |        |        |      | x    |                  |
| Chocolate cake                 | x    | x    |        |      |         |         |            |          |       |        |        |      |      |                  |
| Yoghurt                        |      | x    |        |      |         |         |            |          |       |        |        |      |      |                  |
| <i>Tuorepuuro</i>              |      |      |        |      |         |         |            |          |       |        |        |      |      |                  |
| Apple, pear, speculoos compote |      |      | x      |      |         |         |            |          |       |        |        |      | x    |                  |
| Taste of Sápmi                 |      | x    |        |      |         |         |            |          |       |        |        |      |      |                  |

Please note that this list only concerns the 14 allergens voluntarily introduced into our preparations. We cannot guarantee the absence of traces of allergens or the absence of unintentional cross-contamination.